



Survivor of Suicide Loss Calendar 2013/2104

Often survivors find that attending these activities helps them to connect with other survivors and, as time goes on, some survivors find involvement in advocacy efforts helps them in their own healing.

November 8, 2013: NH Suicide Prevention Conference - the 10th Annual NH Suicide Prevention Conference will offer a variety of workshops and plenary sessions for anyone interested in suicide prevention. SOSL scholarships are available. For more information, go to www.naminh.org or email bmccenany@naminh.org.

November 23, 2013: International Survivors of Suicide Day AFSP Annual Teleconference - the Saturday before Thanksgiving will mark the 15th Annual AFSP Survivors of Suicide Loss International Teleconference. For more information, go to www.afsp.org.

December 8, 2013: Worldwide Candle Lighting, Compassionate Friends, Manchester. For information, go to www.tcfmanchester.org.

Early Winter, 2014 Survivor of Suicide Loss Sub-Committee Introductory Meeting: Contact Susan Morrison at SOKM@metrocast.net or Debbie Baird at dbairdsellsnhre@yahoo.com. All are welcome.

August 16th and 17th, 2014: 12th Annual Paddlepower, Lebanon – Support the West Central Behavioral Health Center in Lebanon by joining this river adventure fundraiser. Proceeds from Paddlepower support the regional 24/7 emergency mental health services. Call (603) 448-0126.

September 1, 2014: Rail Trail Ramble, Lebanon – Join and support NH's Crisis/Suicide Hotline by joining the walk/bike ride on Labor Day to raise funds for Headrest, Inc. Headrest, Inc. answers the National Suicide Prevention Lifeline calls for NH (800-273-TALK), provides the Upper Valley's 24/7 crisis hotline, and offers addiction and crisis services for those who do not have the ability to pay. For more information, call (603) 448-4872 or email mike.cryans@headrest.org.

September 2014 (date TBD): 4th Annual Memorial Tree Lighting Ceremony (Concord, NH) – A tree lighting ceremony has been established by survivors of suicide loss and will take place in September in recognition of World Suicide Prevention Week in NH. The tree will stay lit for one week in remembrance of people lost to suicide or any cause of death. Bulbs may be purchased in honor of your loved one to raise funds for NAMI NH. For more information, contact Debbie Baird at dbairdsellsnhre@yahoo.com.

September 7-13, 2014: 40th Annual National Suicide Prevention Week – Please go to www.naminh.org for more information.

September 2014: 4th Annual Ride for Nathan (Derry, NH) – Please help spread the message that mental illness is a chronic disease that responds to treatment. Let's ride together to help prevent suicide! Proceeds from this motorcycle ride are being donated to NAMI NH. Contact Michael Folley at mfolley@comcast.net.

September 2014 (date TBD): Compassionate Friends Annual Garden Social/Walk to Remember (Manchester, NH) – This is a special day where members join together with family and friends in our beautiful Children's Butterfly Garden to celebrate and remember all of our children, siblings and grandchildren. For more information, go to www.tcfmanchester.org.

October 2014 (date TBD): American Foundation for Suicide Prevention Out of the Darkness Walk (Pierce Island, Portsmouth, NH) – Join this Out of the Darkness Walk to raise money for the American Foundation for Suicide Prevention. Funds raised at this walk primarily support national efforts to understand and prevent suicide through research, education and advocacy. Call (603) 862-4343 or ken.lavalley@unh.edu.

October 5, 2014: NAMI Walks NH (Concord, NH) – Join NAMI NH in the largest stigma busting statewide event for mental health, advocacy and suicide prevention in New Hampshire. Funds raised at this walk stay in NH to help fund mental health advocacy, suicide prevention efforts, and loss survivor outreach and support. For more information, visit our calendar of events at www.naminh.org.

October 5-11, 2014: Mental Illness Awareness Week, Statewide in NH – In 1990, Congress established the first week of October as Mental Illness Awareness Week (MIAW) in recognition of NAMI's efforts to raise mental illness awareness. Please continue to visit www.naminh.org for more information about current and future events around NH.

For more calendar events throughout the year, please go to www.naminh.org.