

# Gatekeeper

## Suicide Prevention/ Intervention Training



Training Professionals & Communities in  
Suicide Prevention & Response®

Community members (gatekeepers) come from many walks of life and, whether experienced in suicide prevention or not, can play a role in preventing suicide. A gatekeeper is anyone who may have contact, even inadvertently, with a person at risk of suicide. Essentially everyone is a gatekeeper. When gatekeepers have information on how to recognize the warning signs of suicide and connect with a person at risk to get them appropriate help, the safety net for citizens in the community is strengthened.

Designated a National Best Practice program, Connect training utilizes a unique community-based model that increases the competence and confidence of community members in preventing suicide. This training is the foundation of all other Connect trainings. This training includes National Best Practice protocols, interactive case scenarios, discussion, exercises, PowerPoint, and printed materials.

### Suicide Prevention/Intervention training highlights:

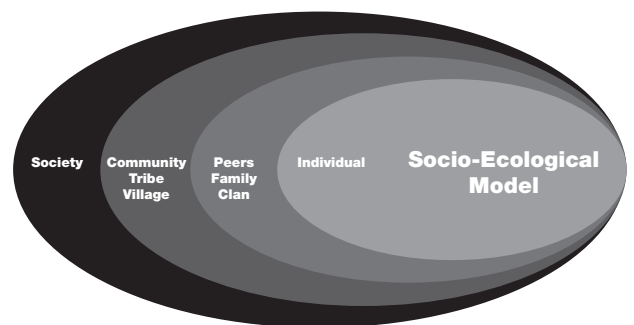
- National Best Practices for community members (gatekeepers) to respond to suicidal behaviors
- Suicide as a public health issue and its impact on communities, family members and friends
- Suicide data and how age, gender, culture, and other factors impact suicide risk
- Individual, family and community risk and protective factors and ways to strengthen the positive influences that prevent suicide and other risk behaviors
- Warning signs for suicide: how to recognize them and respond in an effective manner
- Intervening with family members, neighbors, friends or others at risk and connecting them with resources
- Techniques to communicate with parents/guardians/family members or other support persons in crisis situations
- Best Practices concerning restricting access to lethal means, safe messaging and communication about suicide
- The influence of electronic communication, including social networking, on suicide risk
- Confidentiality and reporting requirements for gatekeepers and professionals
- Local resources and services available and how they can be utilized for persons at risk
- Strategies for promoting help-seeking, reducing community risk factors and increasing community protective factors
- Strengthening connections between key community members and agencies to improve suicide prevention efforts
- Self-care skills

**Length:** 6 hours or tailored for specific audiences

**Audience:** Connect Community Member (gatekeeper) training is designed for a general audience of adults in any kind of community setting - parents, volunteers, professionals, para-professionals, business owners, civic groups, community recreation programs and any other interested citizens.

**Location:** your community

For more information contact The Connect Program  
**603-225-5359** [info@theconnectprogram.org](mailto:info@theconnectprogram.org)



*Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.*