

Mental Health

Suicide Postvention Training



Training Professionals & Communities in
Suicide Prevention & Response®

Mental health and substance abuse providers may play key roles in assisting a family or community respond to a suicide death. As providers they may also be personally and professionally impacted by the death of a client. Since knowing someone who has died by suicide is one of the highest risk factors for suicide, taking steps to reduce risk and promote healing (postvention) becomes an integral part of suicide prevention efforts.

Postvention training prepares practitioners and organizations to assist families and communities through the grief process, as well as the complex legal and ethical challenges faced after a client suicide. Using National Best Practice protocols, participants will learn how to reduce the risk of contagion and create a comprehensive response plan in the event of a suicide. The training includes interactive case scenarios, discussion, exercises, PowerPoint and printed materials.

Ideally, postvention training is provided in advance to prepare providers to respond to suicide and incorporate postvention protocols into their policies and procedures. Training and/or consultation can also be provided after a suicide.

Suicide Postvention training highlights:

- National Best Practices for mental health and substance abuse providers in responding to a suicide
- The roles of key service providers and ways to integrate an effective community response to the suicide death of a client or community member
- Emergency response should a death occur on agency property
- Dynamics of suicide related phenomena (contagion, pacts, cluster, copycat suicides) and the strategies for reducing this risk in the agency caseload and the greater community
- Recognizing warning signs for suicide in clients or other community members after a suicide death
- Impact client suicides have on clinicians and direct care providers
- The complexity of suicide-related grief and cultural considerations regarding suicide
- Strategies to encourage help-seeking, reduce stigma, and promote healing for survivors and communities
- Confidentiality, safe communication, language and media inquiries
- Review of agency protocols and legal/ethical issues should a client die by suicide, including psychological autopsies and involvement with survivors

Length: 6 hours or tailored for specific audiences

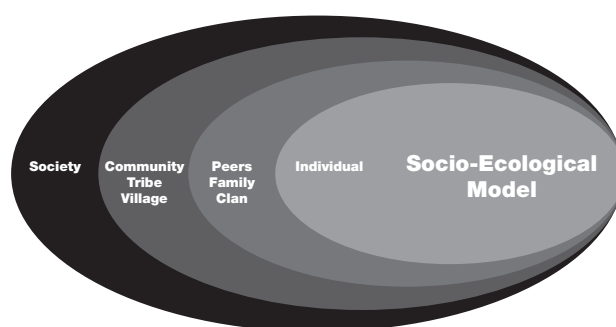
Audience: Mental health and substance abuse counselors and supervisors working on emergency teams, outpatient or community settings, businesses or schools who would be involved in developing crisis protocols and/or responding to a suicide death.

CEUs: Up to 6 Category 1 CEUs are available for this training through the NH NASW

Location: your community

For more information contact The Connect Program

603-225-5359 info@theconnectprogram.org



Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.