

# Prevention Combination

## “Train-the-Trainer” and “Building a Safety Net: Developing a Community Suicide Prevention Response Plan”



Training Professionals & Communities in  
Suicide Prevention & Response®

Knowing risk factors and warning signs of suicide and how to get a suicidal person help is a good beginning. However, to build a truly comprehensive safety net, it's important to promote collaboration and bring together key service providers to address community risk and protective factors. This includes discussing attitudes, current practices and cultural factors.

A plan that focuses on improving the community's service delivery system by implementing best practice protocols and key aspects of the National Strategy for Suicide Prevention and/or State Suicide Prevention Plans will result in effective and sustainable change.

This unique four-day training merges two Connect Trainings: “Prevention/Intervention Train-the-Trainer” and “Building a Safety Net: Developing a Community Suicide Prevention Response Plan”. This combination offers a comprehensive program of suicide prevention to include:

- training
- developing a cadre of Connect certified trainers
- creating a prevention response plan

The training can build on the work of a local suicide prevention coalition or it can be a great way to jump start the development of a coalition.

### Training highlights include:

- Recognizing early warning signs of mental illness, substance abuse and other risk factors leading to suicide.
- How to intervene and connect a suicidal person to resources.
- Attitudes towards suicide and the effects of stigma.
- National suicide trends and statistics.
- Individual and community risk and protective factors.
- Best practices on restricting access to lethal means and safe messaging.
- The influence of electronic communication and media.
- The role of local service providers and others in collaborating to build a safety net.
- Creation of a comprehensive and practical “what to do when...” community suicide prevention response plan based on 15 key elements and in the context of a community's resources and culture.

### Schedule:

Day 1 Prevention/Intervention curriculum (30 participants)

Day 2 Prevention/Intervention response planning.  
The group from Day 1 creates a plan based on 15 key prevention elements.

Days 3-4 Prevention/Intervention Train-the-Trainer (up to 16 participants). Attendance on Day 1 required.

**Location:** your community

For more information contact **Connect**  
**603-225-5359** [info@naminh.org](mailto:info@naminh.org)

*Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.*

