

Military

Suicide Prevention Training



Training Professionals & Communities in
Suicide Prevention & Response®

The suicide death of a warrior or military veteran can have a profound impact on family and friends, as well as fellow warriors, unit commanders and first responders. The aftermath of this suicide can ripple across these communities, placing those who knew the deceased at greater risk of dying by their own hand.

The key to preventing suicide death is recognizing suicidal behavior in military, veteran and civilian settings, and knowing what to do to best respond appropriately. A Designated National Best Practice program, Connect training utilizes a unique ecological model that increases the competence and confidence of military community members to prevent suicide.

Participant takeaways from Connect Training:

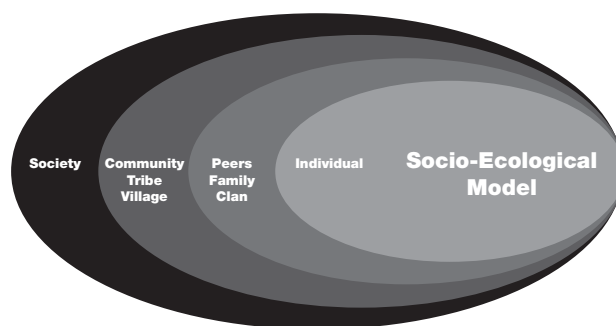
- **A review of National Best Practices in responding to suicidal behavior** in military, veteran and civilian settings
- **An understanding of suicide as a public health issue** and its impact on warriors, veterans, family members, communities and friends
- **An overview of suicide in the military including insights into suicide data** and how age, gender, deployment, military culture, social media and other demographic and diversity factors impact suicide risk
- **Examination of the influence of military culture on risk and protective factors** for suicide and ways to strengthen the positive influences that prevent suicide and other risk behaviors
- **A review of how misconceptions about suicide are a barrier** for warriors/individuals getting help and positive action steps to reduce these barriers to help-seeking
- **Review of National Best Practices for how military personnel should respond** to symptoms of mental health problems and suicidal behavior, including the identification of key roles of commanding officers and fellow warriors in providing an integrated response to ensure safety and an effective resolution
- **An understanding of mental health problems that may emerge** for military personnel and their families, including risk and protective factors and warning signs for suicide
- **Discussion of protocols around return to service**, reporting and confidentiality
- **Role of families** in suicide prevention
- **Familiarity with civilian, military and veterans resources** for warriors and their families

Length: Six hours or customized to your needs

Audience: All levels and ranks of warriors and officers on active-duty or in civilian settings; veterans; and family members.

Location: your community

For more information contact The Connect Program
603-225-5359 info@theconnectprogram.org



Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.

Connect® is a designated National Best Practice Program developed by NAMI NH

