

Military

Postvention: Promoting healing and reducing risk after a suicide



Training Professionals & Communities in
Suicide Prevention & Response®

The suicide death of a warrior can have a profound impact on family and friends as well as fellow warriors, unit commanders and first responders. Since knowing someone who has died by suicide is one of the highest risk factors for suicide, taking steps to reduce risk and promote healing (postvention) becomes an integral part of suicide prevention efforts.

Connect Postvention teaches about memorial services, military and civilian resources and support, and how to provide an integrated response to a suicide death. Using nationally designated best practice protocols, didactic learning, discussion and interactive case scenarios, participants learn important steps for reducing risk of contagion and promote healing.

Ideally, postvention training is provided in advance to enable the military community to incorporate postvention protocols into a suicide response plan. Training and/or technical assistance can also be provided following a suicide death.

Participant takeaways from Connect Training:

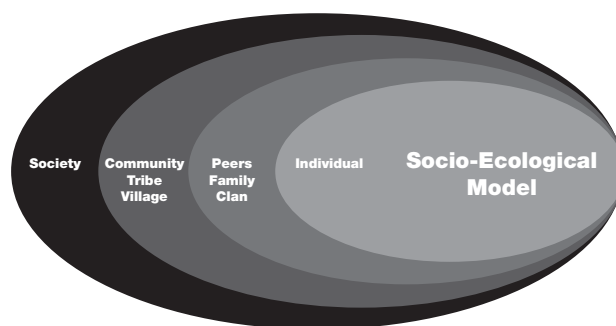
- Knowledge of National Best Practices in responding to a suicide death of a warrior, veteran or their family member
- Identification of key military personnel roles in assuring an integrated response to a suicide death
- Understanding the dynamics of suicide related phenomena (contagion, pacts, clusters, copycat suicides) and strategies for reducing these risks
- Recommendations for safe memorial services and funerals, including guidelines for military honors for warriors who die by suicide
- Appreciation of the complexity of suicide-related grief and cultural considerations regarding suicide
- Review of recommendations regarding confidentiality, safe communication, and media inquiries
- Impact of suicide death on service providers such as chaplains and medical staff
- Strategies to encourage help-seeking, reduce stigma, and promote healing for warrior or veteran survivors, their families, military units, and communities
- A review of resources available to both civilian and military personnel and how to integrate them
- Skills to recognize warning signs for suicide in those who may be at risk after a suicide death

Length: Six hours or customized to your needs

Audience: All levels and ranks of warriors and officers on active-duty or in civilian settings; veterans; and family members.

Location: your community

For more information contact The Connect Program
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Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.