



Training Professionals & Communities in
Suicide Prevention & Response®

Resources

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Spanish Language National Suicide Prevention Lifeline: 1-888-628-9454

When calling the National Suicide Prevention Lifeline, veterans can press “1” to be connected with a call center specializing in working with veterans.

Visit suicidepreventionlifeline.org for more information on the National Suicide Prevention Lifeline.

Crisis Text Line: Send a text message to 741741 to connect with a trained crisis counselor

The Connect Program — www.TheConnectProgram.org

American Indian/Alaska Native Resources

Indian Health Services: www.ihs.gov

SPRC American Indian/Alaska Native page: www.sprc.org/aian

Follow up Care and Caring Contacts:

A Review of Evidence-Based Follow-Up Care for Suicide Prevention: goo.gl/WTnUhD

Information on Follow up Care: goo.gl/3UFFv1

Gay, Lesbian Bisexual, and Transgender (GLBT) Resources

Family Acceptance Project: familyproject.sfsu.edu/

Fenway Peer Listening Line: 1-800-399-PEER www.fenwayhealth.org

GLBT National Hotline (M-F 4-12 pm; Sat. 12-5 pm): 1-888-843-4564 www.glnh.org

GLBT National Youth Talkline (M-F 8-12 pm): 1-800-246-PRIDE (7743)

Email: help@GLBTNationalHelpCenter.org

SPRC Library: www.sprc.org/library_resources/sprc

Trans Lifeline: US 1-877-565-8860, Canada 1-877-330-6366 www.translifeline.org

Trevor Helpline (24/7): 1-866-4u-TREVOR (488-7386) www.thetrevorproject.org

HIPAA and Communication

Communication Checklist: goo.gl/ZFkB89

DHHS Message to Our Nation’s Health Care Providers: goo.gl/GfdVK9

Office for Civil Rights Document on HIPAA: goo.gl/8QAK4S

Lethal Means Reduction

CALM—Counseling on Access to Lethal Means: goo.gl/hRq2J8

Means Matter: www.hsph.harvard.edu/means-matter

Military Resources

Military One Source: www.militaryonesource.mil

Tragedy Assistance Program for Survivors (TAPS): www.taps.org

US Department of Veterans Affairs: www.va.gov

This resource list is not a comprehensive list of all available resources. Inclusion on this list does not signify endorsement by NAMI NH

National Resources, Standards and Models

Action Alliance Framework for Successful Messaging: suicidepreventionmessaging.org
Commitment to Living: commitmenttoliving.com
JCAHO Sentinel Alert: goo.gl/cGZjU9
Risk Formulation: goo.gl/2NWgRS
Safe and Effective Messaging for Suicide Prevention: goo.gl/5YW8zf
SPRC ED Guide: goo.gl/vkb571
Zero Suicide: www.zerosuicide.org
Zero Suicide Toolkit zerosuicide.sprc.org/toolkit/treat

National Organizations

American Association of Suicidology: www.suicidology.org
American Foundation for Suicide Prevention: www.afsp.org
National Action Alliance for Suicide Prevention: actionallianceforsuicideprevention.org
National Alliance on Mental Illness: www.nami.org
Suicide Prevention Resource Center: www.sprc.org

Substance Use/Misuse Prevention

Center for Substance Abuse Treatment: bit.ly/29nW7SS
Community Anti-Drug Coalitions of America (CADCA): www.cadca.org
Faces and Voices of Recovery: www.facesandvoicesofrecovery.org
Partnership for Drug-Free Communities: www.drugfree.org
National Institute on Drug Abuse: www.drugabuse.gov/

Substance Abuse and Mental Health Services Administration (SAMHSA)

Obtaining Print and Electronic Materials: store.samhsa.gov/home
Treatment Provider Locator: www.samhsa.gov/treatment/

Resources for Survivors of Suicide Loss / Individuals Bereaved by Suicide

National Helplines

Compassionate Friends: 1-877-969-0010
Friends for Survival: 1-800-646-7322

Websites

Alliance of Hope for Suicide Survivors: www.allianceofhope.org
American Foundation for Suicide Prevention: www.afsp.org
Compassionate Friends: www.compassionatefriends.org
The *Connect* Program: www.theconnectprogram.org/survivors
Friends for Survival: www.friendsforsurvival.org
Heartbeat: heartbeatsurvivorsaftersuicide.org
Parents, Family and Friends of Suicide Loss: www.pos-ffos.com
SAVE (Suicide Awareness Voices of Education): www.save.org/coping
Survivors of Suicide Loss: www.survivorsofsuicide.com
Suicide: Finding Hope: www.suicidefindinghope.com

Discussion Forums

Parents of Suicides and Friends & Families of Suicides: www.suicidegrief.com
Help for People Left Behind: www.forums.grieving.com
Suicide's Survivors: bit.ly/legacy-suicidesurvivors

Booklets

Coping with the Loss of a Friend or Loved One: bit.ly/save-copingwithloss
Financial Guide: bit.ly/afspfinanceguide
Handbook for Survivors of Suicide: bit.ly/aassoshandbook
Hope and Healing after Suicide: bit.ly/camh-hopehealing
Resource and Healing Guide: bit.ly/healingguideafsp