

NATIONAL

SUICIDE

PREVENTION

LIFELINE

1-800-273-TALK (8255)TM

suicidepreventionlifeline.org

CONCERNED

ABOUT

A LOVED ONE?

Concerned someone you know is suicidal?

Offer to hold onto their guns,
and call the Lifeline to learn
other ways to help.

Calls are free and confidential.

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www.nhfsc.org