

# Postvention Combination



## “Train-the-Trainer” and “Developing a Community Postvention Response Plan”

A suicide or other untimely traumatic death can have a devastating impact on a community. The shock and grief goes well beyond immediate family and friends and can ripple throughout the community affecting friends, coworkers, schools and faith communities.

A team of professionals who know what to do, are trained and prepared to act, and have an action plan in place will promote healing and reduce risk after a suicide in light of the bewilderment and turmoil that often occurs.

This unique four-day training merges two Connect Trainings: “Postvention Train-the-Trainer” and “Developing a Community Postvention Response Plan”.

This combination offers a comprehensive program of suicide postvention to include:

- training
- developing a cadre of Connect certified trainers
- creating a postvention response plan

Many communities have used these trainings to start a suicide postvention response team.

### Training highlights include:

- Best practices on how to coordinate a safe and supportive response to a suicide
- Reducing the risk of suicide-related phenomena (clusters, contagion, pacts)
- Recommendations for funerals and memorials, communicating safely about suicide, and responding to media inquiries
- How social media influences suicide response
- Postvention protocols for specific service providers (e.g. mental health, law enforcement, education, social services)
- The complexity of suicide-related grief over time and throughout the community
- Helping individuals, families, and communities heal
- Resources for survivors of suicide loss
- Recognizing and responding to suicide warning signs in the community after a suicide
- Creating a comprehensive suicide postvention response plan based on 15 key postvention elements and in the context of the community’s resources and culture.

### Schedule:

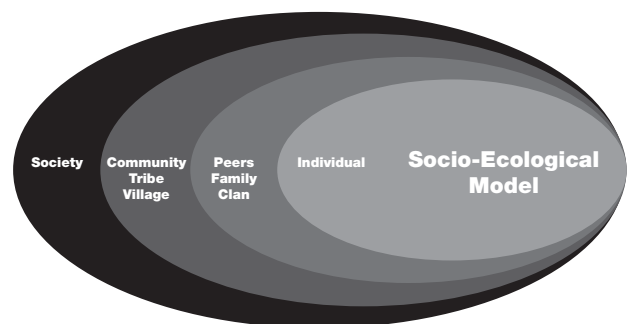
Day 1 Postvention curriculum (30 participants)

Day 2 Postvention response planning. The group from Day 1 creates a comprehensive plan.

Days 3-4 Postvention Train-the-Trainer (up to 16 participants). Attendance on Day 1 required.

**Location:** your community

For more information contact **Connect**  
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*Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.*