# **Local Firearms Instruction**

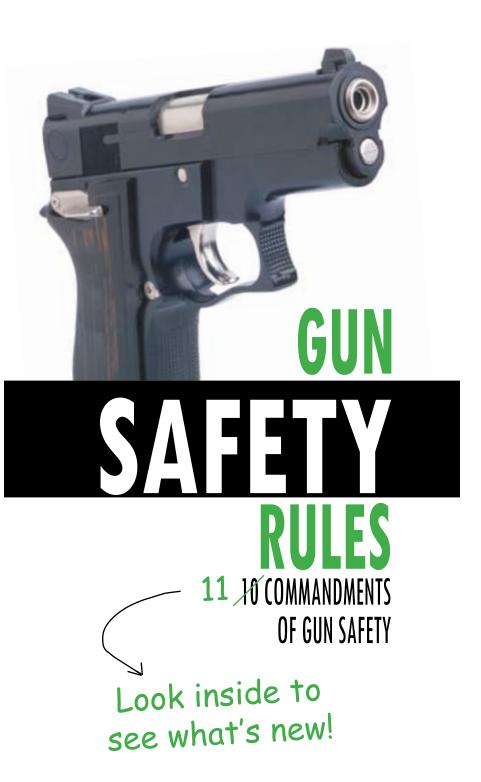
| Joel Northrup Firearms Academy (Redding)         | 244-2109 or 945-8925 |
|--|----------------------|
| Lowell Fletcher, Nice Shot (Redding)             | 242-6118 or 241-6486 |
| NorCal Firearms Instruction                      | 222-8222             |
| Ted Lidie and Chris Cooper (Redding)             |                      |
| John Panger (Redding)                            | 222-6489 or 241-6468 |
| Stan Neutse, N&N Enterprises (Redding)           | 365-6568             |
| Lon Curry (Redding)                              | 245-0782             |
| Richard Marchand (Redding)                       | 275-5357             |
| Staphen Farfield (Burney)                        | 335-2513             |
| Keith Thomas (Burney)                            | 335-5285             |
| Christopher Ewens, Bulls Eye Tactical (Castella) | 235-0721             |
| Michael Rynearson (Shingletown)                  | 474-3793             |
| Nathan Zeliff (Shingletown)                      | 474-3267             |
| John Funk (Fall River Mills)                     | 336-6444             |
| John Caltabiano (Tehama County)                  | 529-1925             |
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For more information on firearms safety devices or classes

please contact: Shasta County Sheriff's Office (530) 245-6025



Sponsored by Shasta County Health and Human Services Agency in Conjunction with our many community partners and advisory boards. Funding for this project is provided through the Mental Health Services Act.



## 11 COMMANDMENTS OF GUN SAFETY

- 1. Treat every firearm as if it were loaded. It might be, even if you think it isn't.
- **2. Always point the muzzle in a safe direction.** Keep control of the direction of the muzzle at all times.
- 3. Be sure of your target and beyond.

Be aware of the target and what surrounds it. Know the identifying features of the game you hunt. Make sure you have an adequate backstop—don't shoot at a flat, hard surface or water.

4. Keep your finger outside the trigger guard until you're ready to shoot.

This is the best way to prevent an accidental discharge.

#### 5. Check your barrel and ammunition.

Make sure the barrel and action are clear of obstructions, and carry only the proper ammunition for your firearm.

#### 6. Unload firearm when it is not in use.

Leave action open; carry firearm in a case and unloaded to and from the shooting area.

- 7. Point a firearm only at something you intend to shoot. Avoid all horseplay with a gun.
- 8. Don't run, jump, or climb with a loaded firearm. Unload a firearm before you climb a fence or tree, or jump a ditch. Pull a firearm toward you by the butt, not the muzzle.

**9. Store firearms and ammunition separately and safely.** Store each in secured locations beyond the reach of children and careless adults.

## 10. Don't drink alcoholic beverages before or during shooting.

Also do not use mind- or behavior-altering medicines or drugs.

# 11. Consider additional safety precautions if a family member may be suicidal.

When an emotional crisis (such as a breakup, job loss, legal trouble) or a major change in someone's behavior (depression, violence or heavy drinking) causes concern, storing guns outside the home for a while may save a life. Friends as well as some shooting clubs, police departments or gun shops may be able to store them until the situation improves.

## **PROGRESS IN SAFETY**

Over the past 20 years, unintentional gun deaths in Shasta County have averaged less than one per year, thanks largely to increased awareness of gun safety. Unfortunately, the county still has a tragically high number of suicide deaths by firearms - more than 400 in the same 20 years.

The first step to reduce this number is to follow the 11 commandments of gun safety. The latest addition addresses suicide prevention. Firearms are the leading method of suicide in Shasta County. Suicides far outnumber homicides in Shasta County (in 2009 there were 22 firearm suicide deaths and 1 firearm homicide).

If a family member is going through a rough time, make sure he or she can't get to your guns. To learn ways to get help for your loved one, call the **National Suicide Prevention Lifeline: 1-800-273-TALK (8255).**