# **Connect Online Suicide Prevention Training for Health Care Providers**





NAMI NH's nationally recognized Connect Program integrates best practices demonstrated to increase the competence and confidence of health care providers to identify and work with persons who are at risk for suicide.

Connect training focuses on prevention, early detection, and intervention. Following a Zero Suicide model and recommended practices through the Joint Commission Accreditation for Healthcare Organizations, Connect training provides strategies to guide a health care system through the components of comprehensive services and a safety net between the client, their provider(s) and their support system.

The Connect live and online training integrate the following information and best practices:

- Suicide data and the effect of age, gender and other factors on suicide risk
- Identification of warning signs for suicide and strategies to address imminent risk and safety concerns
- Components of suicide risk assessment and risk formulation
- Strategies for safety planning, including engaging support systems and reducing access to lethal means
- Understanding of the trauma and stigma surrounding suicide incidents
- Learning best practices for understanding high risk periods, including care transitions
- The role of an integrated health care team in a comprehensive approach
- Recognizing the impact of stress for the provider and strategies for addressing risk in professionals

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#### Length:

4 hours including pre and post test and review of supplemental materials: Self-paced over 15 days.

#### Audience:

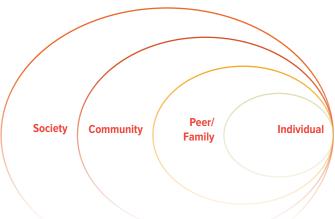
Health care providers, including physicians, RNs, LPNs, CNAs, therapists, pharmacists, home health aides, medical assistants, pharmacy technicians, and others supporting patient care within a health care system.

#### Location:

Online. Options can be offered for a hybrid training that includes both online and live training and consultation.

#### CMEs:

4 CMEs and nursing credits are available when participants complete the training and pre and post tests.



### Social Ecological model

Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.



For more information, contact The Connect Program **603-225-5359** or **info@theconnectprogram.org**