

# Connect Online Suicide Prevention Training for Mental Health Providers



## Using a holistic, socio-ecological model, Connect examines suicide in the context of the individual, family, community, and society.

Mental health providers are on the front lines of suicide prevention efforts. A unique community-based, public health approach, Connect training increases the competence of mental health providers in recognizing and responding to individuals who are at risk for suicide. This training integrates national best practices for mental health providers in responding to suicide risk based on Zero Suicide, Joint Commission, and National Action Alliance for Suicide Prevention guidelines.

Includes:

- Overview of data, cultural factors and demographics associated with suicide risk and suicide deaths
- Suicide as a public health issue and its impact on communities, family members and friends
- Addressing misconceptions and stigma about suicide as a barrier for people getting help
- Review of risk factors and warning signs for suicide risk assessment
- A comprehensive model for gathering information to make a risk assessment
- Process for developing risk formulations and collaborative safety plans
- Best practices around reducing access to lethal means
- Communicating with family members or other support persons as part of crisis and safety planning
- Confidentiality requirements and communication with others who may be involved in the client's care or treatment
- A review of safe messaging and sensitive and respectful language
- Connecting with other provider systems to enhance continuity of care

## Connect Suicide Prevention for Mental Health Providers

### Length:

4 hours including pre and post tests and review of supplemental materials: Self-paced over 15 days.

### Audience:

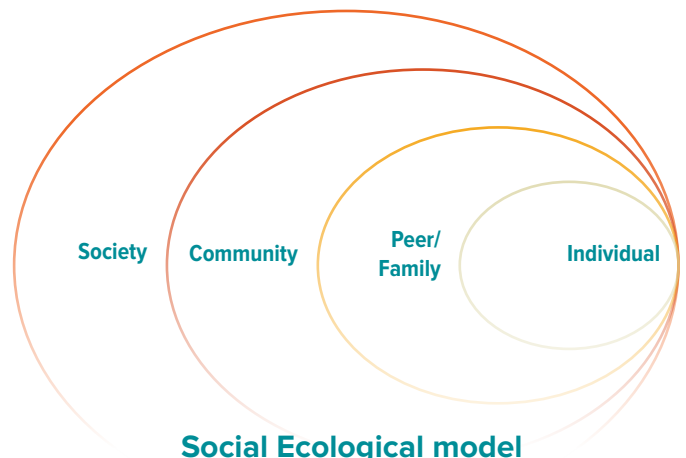
Mental health, substance misuse, and other clinical providers who conduct suicide risk assessments, and/or provide counseling or emergency services in emergency departments, outpatient practices, businesses (EAP), school/campus settings or private practice.

### Location:

Online. Options can be offered for a hybrid training that includes both online and live training and consultation.

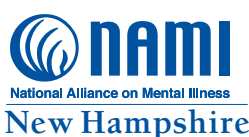
### CEUs:

4 CEUs are awarded when participants complete the training and pre and post tests.



### Social Ecological model

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For more information, contact The Connect Program  
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Connect is an internationally recognized program developed by NAMI NH