Connect Online Suicide Prevention Training for Gatekeepers





A unique community-based intervention, Connect increases the competence of communities to prevent suicide by recognizing and responding to individuals at risk. This training includes interactive case scenarios and protocols for a variety of settings. The training is intended for adults over 18 years of age.

Includes:

- Identification of risk and protective factors and responding to warning signs for suicide
- Intervening with individuals at risk and connecting the individual with appropriate resources
- Suicide as a public health issue and its impact on communities, family members and friends
- Suicide data and how age, gender, culture and other factors impact suicide risk

- Strategies for promoting help-seeking behavior and reducing stigmatizing attitudes
- Individual, family and community risk and protective factors and ways to strengthen the positive influences that prevent suicide and reduce risky behaviors
- Best practices around increasing safety, and reducing access to lethal means
- Reducing stigma and increasing help seeking though communication and safe messaging
- Strategies to increase suicide prevention efforts through understanding of resources and protective factors that can help build a community safety net for people at risk of suicide.
- Self-care

Suicide Prevention/Intervention Training

Length:

2 hours: Self-paced.

Audience:

Any adults who wish to be better prepared to recognize and respond to individuals who may be at risk for suicide in any setting and connect these individuals with resources and services to help address the risk.

Location:

Online: Options available for hybrid training that includes online and live training and consultation



examines suicide in the context of the individual, family, community, and society.



For more information, contact The Connect Program 603-225-5359 or info@theconnectprogram.org